

Warm Pool Availability - Effective Sep 1st, 2024

Last Updated: 09/13/2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 -7:30am							
8:00 AM							
9:00 AM						Private Swim more likely to Occur	
10:00 AM				9:30-10:35am *Aqua Yoga			
11:00 AM	10:30-11:30am *Aqua Zen	11:00-12:00pm MyFitRx Supervision	10:45-11:45am *Splash Dance	11:00-12:00pm MyFitRx Supervision		10:40-1:40 pm Learn to Swim	
12:00 PM			11:45-12:45pm *Aquacise w/ Arthritis				
1:00 PM	12:30-1:30pm *Splash Dance				12:30-1:30pm *SplAQUAcize		Family Swim usually 1st Sunday of the Month
2:00 PM							
3:00 PM					Private Swim more likely to Occur		
4:00 PM		4:00-6:30 pm Learn to Swim					
5:00 PM							
6:00 PM							
7-8:50 PM							
Pool Closes at 8:50 pm					Pool Closes 7:50 pm		



Lane open

Aqua classes:
Pool closed to non-participants

Learn to Swim Lessons

Family Swim

Swim Instructions Sessions:
These can occur at anytime, Commonly
schedule time are indicated.
(Check with Front Desk for schedule)

Specialty Classes