## Lap Pool Availability - Effective Sep 1st, 2024

**#VALUE!** 

		Mor	nday			Tuesday We						/ednesday Thursday						Friday				Saturday				Sunday			
Lane #	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	
15-6:30 am																													
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1:00 AM					10:45-11:45am **Aqua Blast								10:45-11:45am **Aqua Blast				10:45-11:45am **Aqua Blast			10:45-11:445am **Aqua Power									
2:00 PM																													
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3:00 PM																												_	
4:00 PM																													
5:00 PM																							Pool	Closes	s at 4:	50 pm			
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6:00 PM																													
7-8:50pm		Pool Closes at 8:50 pm												closes at 7:50 pm CHELSEA WELLNESS															

Reminder to all members: Sharing a lane with at least one other person is expected. Please do not tell other members they are not allowed to circle swim with you. If there is a lap swimmer in a lane you would like to share, for courtesy, please ask to share before entering the water. Max Lane use is 30 min if someone is waiting.

**Group Exercise Classes:** Please be aware that aquatic classes may begin adjusting equipment and/or lane markers no more than 5 minutes prior to the start of a class. Please see class instructor if you have questions.

Color Key:





Next sessions: 3/5 - 4/23

5/7 - 6/29 7/9 - 8/31 Specialty classes

Aqua classes: Pool closed to non-participants

## Swim Instructions:

One on One or Buddy Session- These can occar at anytime, Commonly schedule time are indicated. A lane maybe reserve for upcoming session. (*Check with Front Desk for schedule*)